

Centering Prayer Workshop at St. Teresa's Parish

We would like to invite you to an introduction to Centering Prayer Workshop on Saturday, September 7 from 9:00 am to 12:30 pm in Music room at St. Teresa's, 3000 North Lompa Lane, Carson City, NV.

The centering prayer workshop will teach a method of silent prayer That is rooted in the Christian contemplative heritage. It is a gentle Silent method of consenting to God's presence and healing action Within us. By taking time to "rest in God" each day. We open our Awareness to the gift of God's presence.

Come and learn more about this prayer method. There will be three Follow-up sessions of 2 hours each from 6:00 to 8:00 pm on Monday Thereafter (September 9, 16, and 23).

Donations will be greatly appreciated. Coffee and tea will be provided. You could bring a snack to share. A packet of handouts for \$5 and the book Open Mind Open Heart by Father Keating for \$23 will be available For purchase. Bring Cash or check book. The program will be given by Certified presenters of Contemplative Outreach Deacon Dennis Schreiner, Patty Schreiner and Therese Coen.

Contact person for registration Patty Schreiner 775-830-6005. For more Information visit contemplative outreach spiritual network At www.Contemplativeoutreachnvv.org